

# **Tips for Parents for Academic Success**

# Week 1

Fall quarter dates: 8/31/23-9/6/23
• Classes begin Thursday, August 31

• Final date to add a class is Wed., September 6

Winter quarter dates: 11/27/23-12/3/23

• Classes begin Monday, November 27

• Final date to add a class is Friday, December 1

Spring quarter dates: 3/4/24-3/10/24

• Classes begin Monday, March 4

• Final date to add a class is Friday, March 8

How you can support your student during week 1:

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## Week 2

Fall quarter dates: 9/7/23-9/13/23

Winter quarter dates: 12/4/23-12/10/23

Spring quarter dates: 3/11/24-3/17/24

#### How you can support your student during week 2:

Encourage student to use their course syllabi to create a quarter calendar to track due dates for homework, quizzes, exams, papers, projects, presentations, etc. Many assignments and deadlines will follow a pattern, but not all, and setting up a calendar early on can help ensure nothing is forgotten.

#### Week 3

Fall quarter dates: 9/14/23-9/20/23

Winter quarter dates: 12/11/23-12/17/23

Spring quarter dates: 3/18/24-3/24/24

## How you can support your student during week 3:

Many students will experience their first round of exams this week. Encourage students to leverage the Learning Center located in the Logan Library where they can work with peer tutors and access practice exams. Tutors can be scheduled ahead of time, which helps ensure a tutor is available to assist with a specific course.

#### Week 4

Fall quarter dates: 9/21/23-9/27/23
• Fall career fair is Wednesday, Sept. 27

Winter quarter dates: 12/18/23-12/22/23

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### Week 8

Fall quarter dates: 10/23/23-10/29/23

• Final date to drop a course without penalty is Friday, October 27

Winter quarter dates: 1/29/24-2/4/24

• Final date to drop a course without penalty is Friday, February 2

Spring quarter dates: 4/29/24-5/5/24

• Registration for fall term, April 29 - May 3

• Final date to drop a course without penalty is Friday, May 3

### How you can support your student during week 8:

At this point, students may be lacking motivation to finish the quarter strong. One way to motivate them is encouraging them to change up their learning environment and try studying in a different space. Other ideas to stay motivated include creating a study group; pairing something pleasant (like a coffee or snacks) with unpleasant tasks; and creating a reward system for meeting goals.

## Week 9

Fall quarter dates: 10/30/23-11/5/23

Winter quarter dates: 2/5/24-2/11/24

Spring quarter dates: 5/6/24-5/12/24

### How you can support your student during week 9:

At this point in the quarter, many students are trying to catch up in their classes, so remind them of the importance of taking care of themselves. Sleeping is crucial to the learning process, and eating regular meals is critical for the brain to have the fuel it needs to function. If your student needs additional strategies, encourage them to read the e-book Self-Care for College Students, available through the Logan Library.

#### Week 10

Fall quarter dates: 11/6/23-11/12/23

Winter quarter dates: 2/12/24-2/18/24

Spring quarter dates: 5/13/24-5/19/24

#### How you can support your student during week 10:

Only one week left until final exams, so students should begin preparing now. Encourage them to attend the final exam review sessions hosted by the Learning Center. In addition, encourage them to make a study schedule, ensuring that they get plenty of sleep.

# **Finals**

Fall quarter dates: 11/13/23-11/16/23

Winter quarter dates: 2/19/24-2/22/24

Spring quarter dates: 5/20/24-5/23/24